



Building at the Heart of our Community

A Moment of Gratitude

On behalf of the Mahone Bay Centre Society a huge thank you to our members for supporting us over the last 19 years. The Centre is closed to the public right now. Our tenants are working from home. We also have very generous occasional renters who have continued to pay for classes they would have been offering. Thanks to the government's wage subsidy program Kelly Bent, is working in our office to answer your calls and questions.

Our Annual General Meeting will almost certainly be held virtually. During our next Board meeting we will set a date and then provide information on how to attend as well as sharing our reports and information well in advance of the meeting. More details to come.

We're working on providing some of our speaker programming online and we'll keep you up to date with that project as it unfolds.

Our May speaker will be Ph.D. Tara Perrot and the topic will be, **"Keeping a Healthy Brain Across the Lifespan."**



Additionally, the Mahone Bay and Area Food Bank is still open and operating on its regular schedule with new safety measures and processes in place.

Tuesdays 9:00 AM - 11:00 AM* (2nd and 4th of each month)



If you're in a position to help our food bank you can do so safely by donating online. You can donate to the Mahone Bay and Area Food Bank by clicking here <https://www.canadahelps.org/en/charities/mahone-bay-area-food-bank-association/>

or to Feed Nova Scotia here https://www.canadahelps.org/en/charities/feednovascotia/?gclid=Cj0KCOjws_r0BRCwARIsAMxfDRhjRYAMNIa_vUc-PnRYEXfLnnOgD_HwCXmRDNnoV2wk3012JmCm6W08aArfXEALw_wcB&gclid=aw.ds.

CENTREFIT memberships have been suspended and will be reinstated with credit for any time lost as soon as it's safe for us to reopen.





COVID
NEAR YOU

Contribute your health status daily and help track the COVID-19 pandemic

How are you feeling?

👍 Great, thanks!

👎 Not feeling well

Your contributions will inform public health with real-time insights on the COVID-19 pandemic.

<https://www.covidnearyou.org#!/>

Shelter Movers Information Session

There will be a **Shelter Movers** information session this Thursday, April 23rd at 5:00pm. Join us and hear more about who we are, what we do, and how you can support survivors in your community.

Please feel free to extend the invitation and zoom link to interested individuals.

Join Zoom Meeting

<https://zoom.us/j/6134866678?pwd=V2l2SjVxakxXNXNEMmU1dFBhZFP0UT09>

Meeting ID: 613 486 6678

Password: 739259

One tap mobile

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